



March 1, 2026
Second Sunday in Lent
Holy Eucharist — Rite I
9 & 11 a.m.

Welcome!

All baptized Christians are welcome to receive communion. You may receive from the common cup by drinking directly from the cup or handing the host to the LEM (the person giving you the cup). They will then dip the host in the wine and place it in your hand. You may also choose to just consume the bread and cross your arms over your chest to indicate that you do not wish to receive the wine.

If you do not want to receive communion, you are still welcome to come forward. Cross your arms over your chest, and the priest will give you a blessing.

Nametags are available in the pews. Please participate by wearing one so we can know the names of those people who sit next to us.

Altar Flowers are given to the glory of God and in honor of Norma Estevez Anderson, our beloved Tiita, from Greta, Jim, Mia and Yassy Harrison.

Listening assistance devices are available – ask any usher.

Children's worship bulletins and bags are located in the vestibules.

PRELUDE*I call to thee Lord Jesus Christ***J. S. Bach****PROCESSIONAL HYMN** (*stand as able*)**1982 Hymnal #401***The God of Abraham praise***OPENING ACCLAMATION****BCP 319***Celebrant* Bless the Lord who forgiveth all our sins.*People* ***His mercy endureth for ever.***

Hear what our Lord Jesus saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets. Matthew 22:37-40

CONFESSION (*kneel or stand as able*)**BCP 320**

Celebrant Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

ABSOLUTION**BCP 321**

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. ***Amen.***

KYRIE**BCP 324***Celebrant* Lord, have Mercy upon us.*People* ***Christ, have mercy upon us.****Celebrant* Lord, have Mercy upon us.

Celebrant The Lord be with you.

People ***And with thy spirit.***

Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. ***Amen.***

THE WORD OF GOD

THE FIRST LESSON (*seated*)

Genesis 12:1-4a

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the Lord had told him; and Lot went with him.

Reader The Word of the Lord.

People ***Thanks be to God.***

THE PSALM (*together*)

Psalm 121



I — wait for the Lord, my help is in Him.

- ¹ I lift up my eyes to the hills; *
from where is my help to come?
- ² My help comes from the Lord, *
the maker of heaven and earth.
- ³ He will not let your foot be moved *
and he who watches over you will not fall asleep.
- ⁴ Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
- ⁵ The Lord himself watches over you; *
the Lord is your shade at your right hand,
- ⁶ So that the sun shall not strike you by day, *
nor the moon by night.

REFRAIN

REFRAIN



I — wait for the Lord, my help is in Him.

⁷ The Lord shall preserve you from all evil; *
it is he who shall keep you safe.

⁸ The Lord shall watch over your going out and your coming in, *
from this time forth for evermore. **REFRAIN**

THE SECOND LESSON

Romans 4:1-5,13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord.

People ***Thanks be to God.***

SEQUENCE HYMN (*stand as able*)

1982 Hymnal #439

What wondrous love is this?

THE GOSPEL LESSON *(remain standing)*

John 3:1-17

Gospeler The Holy Gospel of our Lord Jesus Christ, according to John.

People ***Glory be to thee, O Lord.***

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Gospeler The Gospel of the Lord.

People ***Praise be to thee, O Christ.***

SERMON

The Rev. Lisa Erdeljon

A brief silence is observed following the sermon.

LEM Let us stand and affirm our faith by saying together the words of the Nicene Creed.

*I believe in one God,
the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible;
And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.
And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshiped and glorified;
who spake by the Prophets.
And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come. Amen.*

PRAYERS OF THE PEOPLE (*remain standing or kneel as able*) **BCP 328**

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of St. John and all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. *Amen.*

THE PEACE

BCP 332

Celebrant The peace of the Lord be always with you.
People *And with thy spirit.*

WELCOME AND ANNOUNCEMENTS *(seated)*

OFFERTORY MUSIC

9 a.m. *Let all Mortal Flesh Keep Silence*

David Cherwien

11 a.m. *God so Loved the World*

John Stainer

DOXOLOGY *(stand as able)*

*Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above, ye heavenly host:
Praise Father, Son and Holy Ghost.*

The Great Thanksgiving

EUCCHARISTIC PRAYER I

BCP 333

Celebrant The Lord be with you.

People ***And with thy spirit.***

Celebrant Lift up your hearts.

People ***We lift them up unto the Lord.***

Celebrant Let us give thanks unto our Lord God.

People ***It is meet and right so to do.***

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but onto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing,

Sanctus

Willan, S114

Ho - ly, ho - ly, ho - ly,

Lord God of Hosts: Hea - ven and earth are full ____ of ____ thy

glo - ry. Glo - ry be to thee, O Lord most high.



All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

THE LORD'S PRAYER (*together*)

BCP 336

*Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass
against us.*

*And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory
for ever and ever. Amen.*

THE BREAKING OF THE BREAD (*Silence is kept*)

BCP 337

Celebrant Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast.**

AGNUS DEI

BCP 337

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.
O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

PRAYER OF HUMBLE ACCESS

BCP 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THE DISTRIBUTION

POST-COMMUNION PRAYER (*kneel or stand as able*)

BCP 339

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

SOLEMN PRAYER OVER THE PEOPLE

Celebrant Let us bow our heads before the Lord.

The people kneel.

Keep this Thy family, Lord, with Thy never-failing mercy, that relying solely on the help of Thine heavenly grace, they may be upheld by Thy divine protection; through Christ our Lord. **Amen.**

RECESSIONAL HYMN

Lift High the Cross

1982 Hymnal #473

DISMISSAL

Celebrant Let us bless the Lord.

People **Thanks be to God.**

POSTLUDE

God of Grace and God of Glory

David Cherwien

PARTICIPATING IN TODAY'S SERVICE

LEMs

9 a.m. David Bishop, Linda Serwatka

11 a.m. Jim Klotz, Brian McMahon

Ushers

9 a.m. Carter Barrett, Greg Brauer

11 a.m. Anne Abraham, Warren Coleman

Altar Guild

9 a.m. Linda McMahon, Susan Edmonson

11 a.m. Kay Perry, Nancy Adams

Acolyte Master

9 a.m. David Bishop

11 a.m. Linda McMahon

Organist Deborah Carr **Special Music** 11 a.m. St. John's Choir

Flower Delivery

Coffee Hour Margaret Babbitt

PRAYERS AND THANKSGIVINGS

Staff pray for people on our prayer list by name weekly.

We pray for healing in the lives of Ruth Purinton, Mary Scalisi, Charlotte Weber, Diana Youngclaus, John Hutson, Bill Saunders, Don Klovstad, Jane Price, Carol Conway, Stocky Hobart, Shirley Nunn, Niecsa Chisum, Kaye Locke, Leslie Stay, Inmates and Staff at Hampton City Annex, Bob Ridle, Regina Cicchetti, Mike Fox, George Edmonson, Dave Forrest, Paige, Bobby Phillips, Mary Jane Long, Cathy Curtis, David, Donald Crandol, Bishop Haynes, Canon Hoffman, Bishop Curry, David Copley, Warren Petri, Steve, Bob Cumming, Linda Seely, Grace Taylor, Marianne, Josh, Glenn Irwin, Dee Kloskin, Gail Conway, Cindy Jannone, baby Autumn Gwendolyn, Anne-Henley, Max Scharnhorst, Devin, Lewis, Sally, Meg Hoffman, Jay Horne.

We give thanksgivings for the birthdays of Carol McAdaragh (2/29), Penelope Robinson (2/29), Ruth Purinton (3/1), Scott Curtis, Jr. (3/2), Diana Thompson (3/3), Warren Coleman (3/4), and Byron Gibson (3/6)

CALENDAR

March 1—7

Sunday

- 9 a.m. Holy Eucharist
- 10 a.m. Christian Formation
- 11 a.m. Holy Eucharist
- 8 p.m. AA

Monday

- 1 p.m. Prayer Circle
- 8 p.m. AA

Tuesday

- 8:30 a.m. Men's Study Group
- 10:30 a.m. St. Anne's Guild

Wednesday

- 5 p.m. Lenten Program @
St. Cyprian's
- 6 p.m. Handbells
- 7 p.m. Choir

Thursday

- 8 p.m. AA

Friday

- 8:15 a.m. Women's Al-Anon

Saturday

ANNOUNCEMENTS

Planning Ahead: A Practical Workshop: Saturday, March 21 | 9:00 a.m. – 12:00 noon | Planning ahead is an act of care—for yourself and for the people you love. Designed for adults of all ages, this workshop invites participants to reflect on and prepare for important decisions with clarity and intention. Anyone is welcome to join us—even if you did not sign up for the previous date. Please let the office know, and we will reserve a spot for you!

We need your Help: Prayers of the People: A little trivia: Did you know that the Book of Common prayer allows a congregation to write their own Prayers of the People? It does! Each week during Lent we'll be posting to Facebook about one of the topics of prayer, and asking you to tell us how you pray for that. Not on Facebook? Send Patrick an email and he'll be happy to email you the weekly topic instead. Who knows, you might just hear some of your prayers on Easter Sunday!

Lenten Series: We warmly welcome you to take part in the 2026 Ecumenical Lenten 2026 Ecumenical Lenten Series, for the next three weeks, with participation from St. John's, Emmanuel, and St. Cyprian's. This season presents an opportunity for personal reflection, renewal, and meaningful growth through engagement with our faith communities. Join us and experience inspiration among a vibrant community of believers Wednesdays at 5-7 p.m.

- March 4: St. Cyprian's — Transformative Power of God (Mark 4:35) with The Rev. Dr. Hector K. Sintim
- March 11: Emmanuel — Radical Welcome: Ubuntu, "I am because we are." (John 4:1-42) with The Rev. Rhonda Wheeler and The Rev. Darlene Jackson, Deacon
- March 18: St. John's — Renewal of Mind and Spirit, Part II (Romans 12:2) with The Rev. Lisa Erdeljon

40 days, 4,000 cans: This Lent, we're having a friendly competition with Emmanuel to see who can collect more canned food for local food pantries, with a goal of donating at least 4,000 cans. Bring your cans to the office on Sunday or throughout the week. This first week, Emmanuel has crushed us like an empty can in collections - 320 cans to our 70.

EYC: March 15, 12:30-3:30: All Middle and High Schoolers are invited to come and help stuff the Easter Eggs for the Easter Egg Hunt. Lunch will be provided. Questions? Contact: Ellen Griffith griffithellenc@gmail.com

Chanco on the James - Lenten Retreat: March 13-14 Our presenters will be individuals who are passionate about creation and its care and invite you to engage in the conversation as we explore God's creation and how we can be good stewards of mother earth. Questions or to Register: [Creation Reveals its Creator | Chanco on the James](#)

Chanco on the James - Open House: Sunday, March 15, 1-4pm. Bring the whole family and explore everything that makes Chanco a favorite summer destination year after year. Guests will enjoy guided tours of our beautiful campsites, soar through the trees on our zip line, and take part in hands-on activities. This event is open to all, no registration required. Questions? Visit: [Spring Open House | Chanco on the James](#)

Chanco on the James 5K Adventure Race: Saturday, March 21. Lace up your shoes and join us for this CRR-timed event on the stunning grounds of Chanco! Walk, Hike, or Run option available. Questions? or to register chanco.org.

Book Club: The next meeting of the St. John's Book Club will be held on Monday, March 9, at 4:00 PM on the Parish House stage. For that meeting we will read *The Correspondent* by Virginia Evans to page 140. New members are welcome! For further information, please contact Susan Edmonson at 757-287-7440 or at edmonson4@cox.net.

Lenten Dinner: We'll be hosting a Lenten Supper on March 18. Sign ups to bring Soup, Salad, and Bread are available in the Parish House.

St. John's MUSIC CAMP Volunteers: Music Camp will be 20-24 July 2026. The date for our initial planning session is scheduled for Sunday, 8 March at 12:30 in the Parish House. Interested in volunteering, but can't make the meeting, please contact Linda McMahon.

Altar Flowers: THANK YOU to the two families who stepped right up to our URGENT request for March 1 and March 8 Altar Flowers! Upcoming available dates for Altar flowers are: June 7, June 14, July 19 and July 26. August is fully booked. Thanks again to our WONDERFUL and GENEROUS Altar Flower sponsors!

The Nursery is Open! The Nursery, available for children up to age 5, will be open from 8:30 a.m. to 12:30 p.m. on Sunday mornings.

Staff

Rector Rev. Lisa Erdeljon

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Pastoral Emergencies: 757-722-2568

Organist & Music Director Deborah Carr

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If you would like to make an offering, you may do so online at bit.ly/stjhgive or by scanning the QR code. In the “Fund” drop down menu, please select the fund to which you would like to donate.



ST. JOHN'S VESTRY

2026 — Scott Curtis; Ellen Griffith; Bettyrene Pope, Jr. Warden

2027 — Bob Harper; Andrew Mackey; Anne Rutherford

DIOCESE OF SOUTHERN VIRGINIA

The Rt. Rev. Susan Bunton Haynes, Diocesan Bishop