



February 22, 2026
First Sunday in Lent
Holy Eucharist — Rite I
9 & 11 a.m.

Welcome!

All baptized Christians are welcome to receive communion. You may receive from the common cup by drinking directly from the cup or handing the host to the LEM (the person giving you the cup). They will then dip the host in the wine and place it in your hand. You may also choose to just consume the bread and cross your arms over your chest to indicate that you do not wish to receive the wine.

If you do not want to receive communion, you are still welcome to come forward. Cross your arms over your chest, and the priest will give you a blessing.

Nametags are available in the pews. Please participate by wearing one so we can know the names of those people who sit next to us.

*Altar flowers are given to the glory of God and in loving memory of
Pamela Shaw by H. Shaw.*

Listening assistance devices are available – ask any usher.

Children's worship bulletins and bags are located in the vestibules.

PRELUDE

When in the hour of utmost need

J.S. Bach

THE GREAT LITANY (*kneel or stand as able*)

BCP 148

Please refer to handout

THE COLLECT OF THE DAY (*stand as able*)

BCP 357

Celebrant The Lord be with you.

People ***And with thy spirit.***

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. ***Amen.***

THE WORD OF GOD

THE FIRST LESSON (*seated*)

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The Word of the Lord.

People ***Thanks be to God.***



The faithful will make prayers to you Lord, all who trust in the Lord.

¹ Happy are they whose transgressions are forgiven, *
and whose sin is put away!

² Happy are they to whom the Lord imputes no guilt, *
and in whose spirit there is no guile!

³ While I held my tongue, my bones withered away, *
because of my groaning all day long.

REFRAIN

⁴ For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.

⁵ Then I acknowledged my sin to you, *
and did not conceal my guilt.

⁶ I said, "I will confess my transgressions to the Lord." *
Then you forgave me the guilt of my sin.

REFRAIN

⁷ Therefore all the faithful will make their prayers
to you in time of trouble; *
when the great waters overflow, they shall not reach them.

⁸ You are my hiding-place;
you preserve me from trouble; *
you surround me with shouts of deliverance.

⁹ "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.

REFRAIN

¹⁰ Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle,
or else they will not stay near you."

¹¹ Great are the tribulations of the wicked; *
but mercy embraces those who trust in the Lord.

¹² Be glad, you righteous, and rejoice in the Lord; *
shout for joy, all who are true of heart.

REFRAIN

THE SECOND LESSON

Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over

those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader The Word of the Lord.

People ***Thanks be to God.***

SEQUENCE HYMN (*stand as able*)

1982 Hymnal #143

The glory of these 40 days

THE GOSPEL LESSON (*remain standing*)

Matthew 4:1-11

Gospeler The Holy Gospel of our Lord Jesus Christ, according to Matthew.

People ***Glory be to thee, O Lord.***

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

 'One does not live by bread alone,

 but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

 'He will command his angels concerning you,'

 and 'On their hands they will bear you up,

4 so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

<i>Gospeler</i>	The Gospel of the Lord.
<i>People</i>	<i>Praise to thee, O Christ.</i>

SERMON

The Rev. Lisa Erdeljon

A brief silence is observed following the sermon.

NICENE CREED (*stand as able*)

BCP 326

<i>LEM</i>	Let us stand and affirm our faith by saying together the words of the Nicene Creed.
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*I believe in one God,
the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible;
And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,*

*and sitteth on the right hand of the Father;
and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.*

*And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshiped and glorified;
who spake by the Prophets.*

*And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come. Amen.*

CONFESSION OF SIN *(kneeling)*

BCP 331

Celebrant Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking must justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

ABSOLUTION *(kneeling)*

BCP 332

COMFORTABLE WORDS

BCP 332

THE PEACE

BCP 332

Celebrant The peace of the Lord be always with you.
People And with thy spirit.

WELCOME AND ANNOUNCEMENTS *(seated)*

OFFERTORY MUSIC

9 a.m. *Offertory on a Welsh Tune*

Raymond Haan

11 a.m. *Lord, make us instruments of thy peace*

Martin Shaw

DOXOLOGY *(stand as able)*

Praise God from whom all blessings flow

Praise Him all creatures here below

Praise Him above, ye heavenly host:

Praise Father, Son and Holy Ghost.

The Great Thanksgiving

EUCCHARISTIC PRAYER I

BCP 333

Celebrant The Lord be with you.

People *And with thy spirit.*

Celebrant Lift up your hearts.

People *We lift them up unto the Lord.*

Celebrant Let us give thanks unto our Lord God.

People *It is meet and right so to do.*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but onto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing,

Sanctus

Willan, S114

Ho - ly, ho - ly, ho - ly,

Lord God of Hosts: Hea-ven and earth are full of thy

glo - ry. Glo - ry be to thee, O Lord most high.



All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again. For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this

our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

THE LORD'S PRAYER (*together*)

BCP 336

*Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.*

*And forgive us our trespasses, as we forgive those who trespass
against us.*

And lead us not into temptation, but deliver us from evil.

*For thine is the kingdom, and the power, and the glory
for ever and ever. Amen.*

THE BREAKING OF THE BREAD (*Silence is kept*)

BCP 337

Celebrant Christ our Passover is sacrificed for us;

People *Therefore let us keep the feast.*

AGNUS DEI

BCP 337

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

PRAYER OF HUMBLE ACCESS

BCP 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THE DISTRIBUTION

POST-COMMUNION PRAYER (*kneel or stand as able*)

BCP 339

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

SOLEMN PRAYER OVER THE PEOPLE

Celebrant Let us bow our heads before the Lord.

The people kneel.

Grant, Almighty God, that Thine people may recognize their weakness and put their whole trust in Thy strength, so that they may rejoice forever in the protection of Thine loving providence; through Christ our Lord. *Amen.*

RECESSIONAL HYMN

1982 Hymnal #149

Eternal Lord of Love

DISMISSAL

Celebrant Let us bless the Lord.

People *Thanks be to God.*

POSTLUDE

Toccata in E Minor

Johann Pachelbel

PARTICIPATING IN TODAY'S SERVICE

LEMs

9 a.m. David Bishop, Linda Serwatka

11 a.m. Dan Clark, Doug Perry

Ushers

9 a.m. Dave Messersmith, Darden Barrett

11 a.m. Warren Coleman, James Mason

Altar Guild

9 a.m. Cary Frances Mackey, Linda McMahon

11 a.m. Emily Klotz, Kay Perry

Acolyte Master

9 a.m. Connie Heath 11 a.m. Billie Ray Jeffries

Acolyte

11 a.m. James Klotz

Organist Deborah Carr

Special Music 11 a.m. St. John's Choir

Flower Delivery Nancy Beach

Coffee Hour

PRAYERS AND THANKSGIVINGS

Staff pray for people on our prayer list by name weekly.

We pray for healing in the lives of Ruth Purinton, Mary Scalisi, Charlotte Weber, Diana Youngclaus, John Hutson, Bill Saunders, Don Klovstad, Jane Price, Carol Conway, Stocky Hobart, Shirley Nunn, Niecsa Chisum, Shirley Price, Kaye Locke, Inmates and Staff at Hampton City Annex, Bob Ridle, Regina Cicchetti, Mike Fox, George Edmonson, Dave Forrest, Paige, Bobby Phillips, Mary Jane Long, Cathy Curtis, David, Donald Crandol, Bishop Haynes, Canon Hoffman, Bishop Curry, David Copley, Warren Petri, Steve, Bob Cumming, Linda Seely, Grace Taylor, Marianne, Josh, Glenn Irwin, Dee Kloskin, Gail Conway, Cindy Jannone, baby Autumn Gwendolyn, Anne-Henley, Max Scharnhorst, Devin, Lewis, Sally, Meg Hoffman, Jay Horne.

CALENDAR

February 22—28, 2026

Sunday

- 9 a.m. Holy Eucharist
- 10 a.m. Christian Formation
- 11 a.m. Holy Eucharist
- 8 p.m. AA

Monday

- 4 p.m. Book Club
- 8 p.m. AA

Tuesday

Wednesday

- 6 p.m. Handbells
- 7 p.m. Choir

Thursday

- 8 p.m. AA

Friday

- 8:15 a.m. Women's Al-Anon

Saturday

ANNOUNCEMENTS

40 days, 4,000 cans: This Lent, we're having a friendly competition with Emmanuel to see who can collect more canned food for local food pantries, with a goal of donating at least 4,000 cans. Bring your cans to the office on Sunday or throughout the week. We'll be keeping you updated on how we're doing in the competition, so keep your eyes on this space. Let's give up hunger for Lent!

Lenten Dinner: We'll be having Lenten Suppers on February 25 and March 18. Sign ups to bring Soup, Salad, and Bread are available in the Parish House.

St John's MUSIC CAMP Volunteers: Music Camp will be 20-24 July 2026. The date for our initial planning session is scheduled for Sunday, 8 March at 12:30 in the Parish House.

Interested in volunteering, but can't make the meeting, please contact Linda McMahon.

Book Club: The next meeting of the St. John's Book Club will be held on Monday, February 23, at 4 p.m. on the Parish House stage. For that meeting we will read *Surviving Savannah* by Patti Callahan. New members are welcome! For further information, please contact Susan Edmonson at 757-287-7440 or at edmonson4@cox.net.

Altar Flowers: THANK YOU to the two families who stepped right up to our URGENT request for March 1 and March 8 Altar Flowers! Upcoming available dates for Altar flowers are: June 7, June 14, July 5, July 19 and July 26. August is fully booked. Thanks again to our WONDERFUL and GENEROUS Altar Flower sponsors!

Chanco Work Weekend: Summer Camp is right around the corner, and that means it's time to roll up our sleeves and get Chanco ready for an incredible season ahead! February 27-March 1 is the Spring Work Weekend at Chanco on the James. Come on your own or bring the whole family—all are welcome. Visit **chanco.org/event/volunteer-weekend** for more information or to register. Limited availability for those wishing to stay overnight.

Chanco Chatter: Help support Chanco on the James with just a few clicks, but voting Chanco on the James as the best Summer Overnight Camp. Visit: **bov2026.virginialiving.com**; then select Eastern Region, then Summer Overnight Camp, then vote for Chanco on the James.

The Nursery is Open! The Nursery, available for children up to age 5, will be open from 8:30 a.m. to 12:30 p.m. on Sunday mornings.

Staff

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If you would like to make an offering, you may do so online at bit.ly/stjhgive or by scanning the QR code. In the "Fund" drop down menu, please select the fund to which you would like to donate.



ST. JOHN'S VESTRY

2025 — Darden Barrett, Sr. Warden; Ron Kindley; Brad Norris

2026 — Scott Curtis; Ellen Griffith; Bettyrene Pope, Jr. Warden

2027 — Bob Harper; Andrew Mackey; Anne Rutherford

DIOCESE OF SOUTHERN VIRGINIA

The Rt. Rev. Susan Bunton Haynes, Diocesan Bishop